



2026

Centre of English Studies



# Centre of English Studies

Overseas Teacher Training (Erasmus+) / Staff Mobility

[CES Organisation ID \(OID\): E10019130](#)



# Welcome to CES

Develop your teaching skills with our dedicated professional development programmes

CES is a multi-award-winning English language school with over 40 years' experience. CES is located in Ireland, UK and Canada and is a market leader in Teacher Training and exam courses. If you are an English language teacher or teach other subjects and want to expand language skills and explore different teaching approaches, we can help. Our extended range of teacher-training courses combine high-quality teaching with real-life local experience and these courses are eligible for Erasmus+ funding. When not taking classes in any one of our seven dedicated centres across Ireland and the UK, you can spend afternoons on our fun-filled social programme to get a real flavour of local life and culture.



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# Welcome to Dublin

Dublin, the vibrant capital of Ireland, offers a unique experience beyond just language education. At the Centre of English Studies Dublin, students can meet people from around the world, creating a diverse and inclusive learning environment. Explore historic sites, world-class museums, and a lively night life. Learning and studying in this culturally rich setting makes the experience truly unforgettable.



# Welcome to Cork

Cork is Ireland's second largest city and is known as the 'real capital' by the locals. CES Cork is located in the very heart of the city just a 5-minute walk from Patrick Street. Cork is famous for its friendly and fun loving people as well as the excellent range of pubs and restaurants. Rich in history and culture, Cork and its beautiful surrounding countryside also provides lots of things to see and do when you visit.





# Our Programmes

## Teacher Training

Here at CES, our Teacher Training courses have a strong emphasis on cooperation and collaborative learning. With a focus on peer-to-peer learning, course content provides opportunities for discussion and the sharing of ideas with colleagues from different European countries. Before you arrive, you will be sent a pre-course needs analysis. Our courses aim to identify your practical teaching needs and apply our course content to meet your learning outcomes and requirements. Our Specialist Teacher-training courses:



Blended Learning



CLIL



Mindfulness



the 21<sup>st</sup> Century Class



Methodology



Irish Culture

Please note that a **minimum of 5 participants** is needed to run a specific course. Should we not have this number two weeks in advance of the start of a course, participants who have booked a course will be contacted with their options.

For further information about our courses listed above, please visit our website at [www.ces-schools.com](http://www.ces-schools.com)

*"I can say that the staff made my stay and learning experience motivating and interesting. Make this wonderful and game changing experience part of your life. CES is just the place to be."*  
Viktoria, 2025





## Erasmus+ Teacher Training Courses - Dublin

Our Erasmus courses for teachers and higher education staff are designed to meet the professional development needs of third level university staff who are increasingly required to communicate in English. If you work in a higher education institution as an academic, researcher, teacher or administrator we can offer you a course to suit your professional requirements. Our courses are delivered by a team of highly-qualified and experienced trainers, who give guidance, support and feedback to all participants. Sessions will take place twice a week (for every course) with a focus on Irish History and Culture.

### Dublin Course Dates:

29th June	Methodology
6th July	21 <sup>st</sup> Century Classroom
	CLIL
13th July	Methodology
20th July	21 <sup>st</sup> Century Classroom
	CLIL
27th July	Methodology
10th August	Methodology
	Mindfulness
17 <sup>th</sup> August	Blended Learning
24th August	Methodology
	21st Century Classroom

For further information and availability, please contact: [ost@ces-schools.com](mailto:ost@ces-schools.com)



## Erasmus+ General English Courses

Run in both our Dublin and Cork schools, Erasmus+ is the EU's programme to support education, training, youth and sport in Europe. Its budget of €26 billion provides opportunities for over 4 million Europeans to study, train, and gain experience abroad.

Our General English Courses are eligible for Erasmus+ funding and are designed to help you learn English on an immersive programme that maximises classroom time with continuous focus on improving your overall communicative skills and fluency. You will also have access to our social and cultural programme specifically designed to help you practise and improve your English and also see more of Dublin and Cork.

This course can be taken as a one or two week programme and it is offered at 6 levels to cater for language learners at different stages on their journey.

Our Teacher Training courses run through July and August while our General English classes are available year-round.

Meet some of our Delta qualified Dublin teacher training team:



Stuart



Suzy



Gavin



Rachael

# Erasmus+ Teacher Training / General English

## Course Overview

Run in our Dublin and Cork locations, our Erasmus+ General English course has a strong emphasis on cooperation and collaborative learning. With a focus on peer-to-peer learning, course content provides opportunities for discussion and the sharing of ideas with your colleagues. Please note this is not a Methodology Course. This is a Language Development Course which focuses on improving your overall communicative fluency in English.

## Who is this course suitable for?

This course is suitable for those wishing to develop and update their English language skills for day to day interaction, for personal use and in professional settings.

Courses and accommodation can be booked as individual items. If you would like to book a package deal, the price is:

### Erasmus + Teacher Training Courses:

**CES Dublin - €979 (tuition - €495, HeyDay Residence - €399 + Admin Fee €85)**

**CES Cork - €820 (tuition - €450, Victoria Lodge Residence - €285 + Admin Fee €85)**

The above cost includes:

- 1 week Teacher Training Course
- 1 week self-catering accommodation in HeyDay - Dublin (single ensuite room) or Victoria Lodge - Cork
- Orientation Tour on your first afternoon
- Certificate of Attendance for all courses
- Accommodation administration fee

### Erasmus + General English Courses:

**CES Dublin - €909 (tuition - €425, HeyDay Residence - €399 + Admin Fee €85)**

**CES Cork - €720 (tuition - €350, Victoria Lodge Residence - €285 + Admin Fee €85)**

The above cost includes:

- 1 week Intensive General English Course
- 1 week self-catering accommodation in HeyDay - Dublin (single ensuite room) or Victoria Lodge - Cork
- Orientation Tour on your first afternoon
- Full access to the CES Social and Cultural programme
- Certificate of Attendance for all courses
- Accommodation administration fee

Extra:

Course Book is added to your course fee - €28 (General English only)

Course Registration Fee - €85



## Important Information

### General English is offered for 26 hours per week.

(Mon-Fri: 9:00 - 1:00pm | Tues, Wed & Thurs: 2:00pm - 4:00pm).

### Teacher Training is offered for 25 hours per week

(20 hours in the morning and Irish Culture in the afternoon

Mon-Fri: 9:00 - 1:00pm | Tues & Thurs: 2:00pm - 4:30pm)

**Please note that course / Accommodation can be booked as individual items as required.**



## Erasmus+ Teacher Training Courses - Cork

We endeavour to create a specialised course for each group, focusing on the modules that are of most interest. We carefully develop our needs analysis to create a bespoke schedule of learning for our participants. Our courses run for 2 weeks and are a fantastic way to meet teachers from other cultures and backgrounds, to develop professionally and soak in the atmosphere and culture of Ireland.

We can also offer:

- A full and varied social programme to explore Cork and the surrounding area.
- The option of observing the teaching of English within the school
- Individualised resource packs based on the participants own subject or field.

Courses we offer

Module 1: AI and 21st Century Skills

Module 2: Blended learning , CLIL and Methodology

Module 3: Classroom Management

Module 4: Language, Culture of Ireland and Education

### Start dates 2026:

29th June – 10th July

20th July - 31<sup>st</sup> July

“My programme was connected to teaching and I learnt many useful things that I want to apply in my own teaching. It was a great experience. I recommend it 100%.” Vaclav, 2025



For further information and availability, please contact: [ost@ces-schools.com](mailto:ost@ces-schools.com)

# English for the Higher Education Workplace

## Course Overview

This is a language development course aimed at professionals in an educational workplace. This course will focus on communicative skills development through practical workshops, role plays and the introduction of functional language and vocabulary. This course is **offered for group bookings of five or more participants.**

## Timetable

### Course Aims

This course will aim to meet the course participants' language needs and to give them the support to develop their communication skills in writing and speaking, enabling them to effectively liaise across a range of media in an international setting.

	Monday	Tuesday	Wednesday	Thursday	Friday
9.00 – 11.00	Introduction and Needs Analysis	Dealing with problems and complaints using intonation	Answering and composing emails	Handling telephone conversations	Roleplay customer service situations and scenarios
11.00 – 11.20	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break
11.20 – 13.00	Communicating with colleagues and students	Language and phrases for planning and scheduling	Language for dealing with problems on the telephone	Language for customer service	Student choice of areas identified during the week
13.00 – 14.00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
14.00 – 16.30	Free Afternoon/Social Programme	Cultural Awareness: Irish History and Politics	Free Afternoon/Social Programme	Cultural Awareness: The Irish Third Level System	Free Afternoon/Social Programme

### Who is this course suitable for?

This course is suitable for professionals working in universities and higher education institutions who are increasingly using English in their day-to-day interactions. Course participants will develop their skills in English to enable them to communicate with peers, students, managers, and external stakeholders confidently and accurately.

### What is in this course?

The course is primarily focused on developing communication skills; however, the scheduling of this course is quite flexible due to the nature of it being tied to the needs of the participants. The needs analysis aspect of this course is crucial as the outcome of this will constitute the primary content which the course participants will engage with.

# Student Residences

CES also offers accommodation at HeyDay Residence in Dublin and Victoria Lodge in Cork. These are located close to CES, shops, and cultural attractions. The apartments have single ensuite bedrooms and a shared living and kitchen area. CES Dublin and Cork are located at a walking distance from the residences. To check availability and complete your booking, please contact: [info@ces-schools.com](mailto:info@ces-schools.com)

## Dublin - HeyDay



## Cork - Victoria Lodge



# Welcome to the UK

The UK offers a rich tapestry of culture, history, and education that extends beyond just language learning. At the Centre of English Studies, students experience diverse cities, from vibrant London to charming seaside towns like Worthing. Explore historic landmarks, world-class museums, and stunning landscapes, while immersing yourself in a welcoming, multicultural environment. Studying here creates lifelong memories and connections, making your educational journey truly unforgettable.



London



Edinburgh



Leeds



Worthing

# UK only

## Methodology / CLIL and Language Development

### Course Overview

This course combines aspects of teaching methodology and CLIL – Content and Language Integrated Learning, by examining the methods that can be used by English Teachers and Teachers who deliver their subjects through English. The course provides opportunities for teachers to discuss and share ideas with colleagues from similar backgrounds.

### Course Fees:

£ 385 for 1 week.

£ 770 for 2 weeks.

### Course Info

Teacher training courses consist of 20 lessons per week, held from 9:30 to 13:00, Monday to Friday. There is also an afternoon program of lectures and visits. The courses run from **July 1st to July 26th**, covering Language Development, Methodology, and CLIL (Content and Language Integrated Learning).

### Who is this course suitable for?

This course is designed for teachers who are looking to upskill in a number of areas. It also provides a focus on teachers who are currently in the process of integrating CLIL methodology into their classroom.

### What is in this course?

The course is primarily focused on developing communication skills. However, the scheduling of this course is quite flexible due to the nature of it being tied to the needs of the participants. The needs analysis for this course is crucial as the outcome of this will constitute the primary content which the course participants will engage with. CES has been very involved in developing and delivering further development courses through the Comenius, Grundtvig, CIEP and Saxony-Anhalt programmes.

Courses at CES are eligible for Erasmus+ funding under Key Action 1. For more information, please email [ost@ces-schools.com](mailto:ost@ces-schools.com).

### Timetable

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
9.30-11.00	Course introduction Ice Breakers Needs Analysis	What is CLIL Theory and Terminology	Techniques for Teaching Vocabulary and the Lexical Approach	Productive Skills: Speaking and Writing	Language Development
11.20-13.00	Learning Styles and Learner Autonomy	Classroom Language – Giving Instructions and Raising in a CLIL classroom	Techniques for checking students understanding	Language Development	Games, Activities in the Classroom
13.00-14.00	Lunch	Lunch	Lunch	Lunch	Lunch
14.00-16.30	Free Afternoon/ Social Programme	British Culture	Free Afternoon/ Social Programme	British Culture	Free Afternoon/ Social Programme
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
9.30-11.00	Strategies for Supporting Learners	Language Development	Task Based Learning	Assessment in a CLIL classroom	Workshop: Lesson Design
11.20-13.00	Dealing with Pronunciation	Using Authentic Materials	Language Development	Planning a CLIL lesson	Presentations Course Evaluation
13.00-14.00	Lunch	Lunch	Lunch	Lunch	Lunch
14.00-16.30	Free Afternoon/ Social Programme	British Culture	Free Afternoon/ Social Programme	British Culture	Free Afternoon/ Social Programme



# Social Programmes

Enjoy life in your new home city just like the locals do.

At CES, you'll get the best of both worlds with high-quality teaching and real-life local experience. Outside of your English language lessons, you can spend your free afternoons or evenings on our fun-filled social programme to get a real flavour of local life and culture. In each one of our schools, our team of Yellow Shirts are committed to coming up with new and exciting things for you to see and do.

Our social programmes include:

- A FREE orientation tour on your first day
- Visits to the museums and art galleries close to your school
- Visits to areas of historic or natural scenic beauty
- History and nature walks
- Afternoon dance and singing lessons
- Saturday or full weekend tours to the most popular historic or tourist sites

CES		DUBLIN SOCIAL PROGRAMME					29TH JULY - 4TH AUGUST	
MON 29	TUE 30	WED 31	THUR 01	FRI 02	SAT 03	SUN 04		
<b>WELCOME</b> 9AM DC BASEMENT <b>WELCOME</b> ORIENTATION TOUR! 2PM MEET OUTSIDE DC <b>PUB NIGHT</b> 5.15PM MEET OUTSIDE DC PUBS	<b>VISIT TO</b> <b>BOTANIC</b> <b>GARDENS</b> 2PM OUTSIDE DC <b>MUSIC QUIZ</b> <b>SPOT THE</b> <b>INTRO</b> 10:00PM DAME COURT BASEMENT	<b>TOUR OF</b> <b>ST.</b> <b>PATRICKS</b> <b>CATHEDRAL</b> 2.15pm MEET OUTSIDE DC CATHEDRAL	<b>VISIT TO</b> <b>Butler's</b> <b>Chocolate</b> <b>Factory</b> 2.00PM MEET OUTSIDE DAME COURT RIVERDANCE	<b>GRADUATION</b> <b>CEREMONY</b> , PHOTOS 11:00PM ASK RECEPTION <b>FOOTBALL</b> <b>IN THE</b> <b>PARK</b> 2PM MEET OUTSIDE DAME COURT	<b>CLIFFS</b> <b>OF</b> <b>MOHER</b> C65 BUS FROM TREE OF GOLD 9AM BOOK IN DAME COURT BASEMENT	<b>VISIT</b> <b>TO</b> <b>HOWTH</b> TARA STREET STATION 11AM		

# Frequently Asked Questions

## **When can I start my course?**

Our 2026 timetable for our Teacher Training Courses in Dublin and Cork is available on our website. Courses are available in Edinburgh, London, Leeds & Worthing from 29<sup>th</sup> June 1<sup>st</sup> - 24th July.

## **What are the class times?**

In Dublin and Cork, classes run from Monday to Friday from 9am to 1pm, with a break between 11am and 11.20am. Cultural sessions are offered on Tuesdays and Thursdays between 2pm and 4.30pm. Our Teacher Training Courses are 25 hours in total, as per the Erasmus+ requirement.

In the UK, classes run from Monday to Friday from 9:30 - 13:00 with an afternoon programme of lectures and visits.

## **What is the minimum level I have to be to join a teacher training course?**

We ask that all participants have a minimum level of B2 so that they can fully benefit from the course.

## **Is there a social programme I can join?**

Apart from the cultural sessions on Tuesdays and Thursdays, we have an extensive social programme for the rest of the week, which is displayed weekly in all buildings. All Teacher Training Course participants are welcome and encouraged to join these events and activities.

## **What if I find the course too difficult, can I move to another class?**

Yes. It is possible to move to a General English class suited to your level. Please remember that the minimum level requirement for all Teacher Training Courses at CES is B2

## **Will I receive a certificate?**

Yes. Each participant will receive a certificate detailing the course hours and dates on the final day of their course.

## **Who do I contact regarding Erasmus+ documentation?**

Stuart can help you with any queries you have about Learning/Mobility Agreements. You can contact him at [ost@ces-schools.com](mailto:ost@ces-schools.com)

## **How do I fill out my Learning Agreement?**

It is the responsibility of the participant to fill out the Learning Agreement. Guidelines and templates can be found here: <https://erasmus-plus.ec.europa.eu/resources-and-tools/mobility-and-learning-agreements> Please note that the documentation required for the Mobility can vary from country to country. Please contact your sending institution/Erasmus+ coordinator regarding what documentation you require.

# More Information

We would be delighted to hear from you and assist with any enquiries you may have. Our expert team is here to provide personalized support and guidance, ensuring all your questions are answered. Whether you need more information about our services, products, or simply wish to discuss your options, we're ready to help. Feel free to reach out to us, and we'll be in touch as soon as possible!

**CES Organisation ID (OID): E10019130**



*Cork*



*Dublin*

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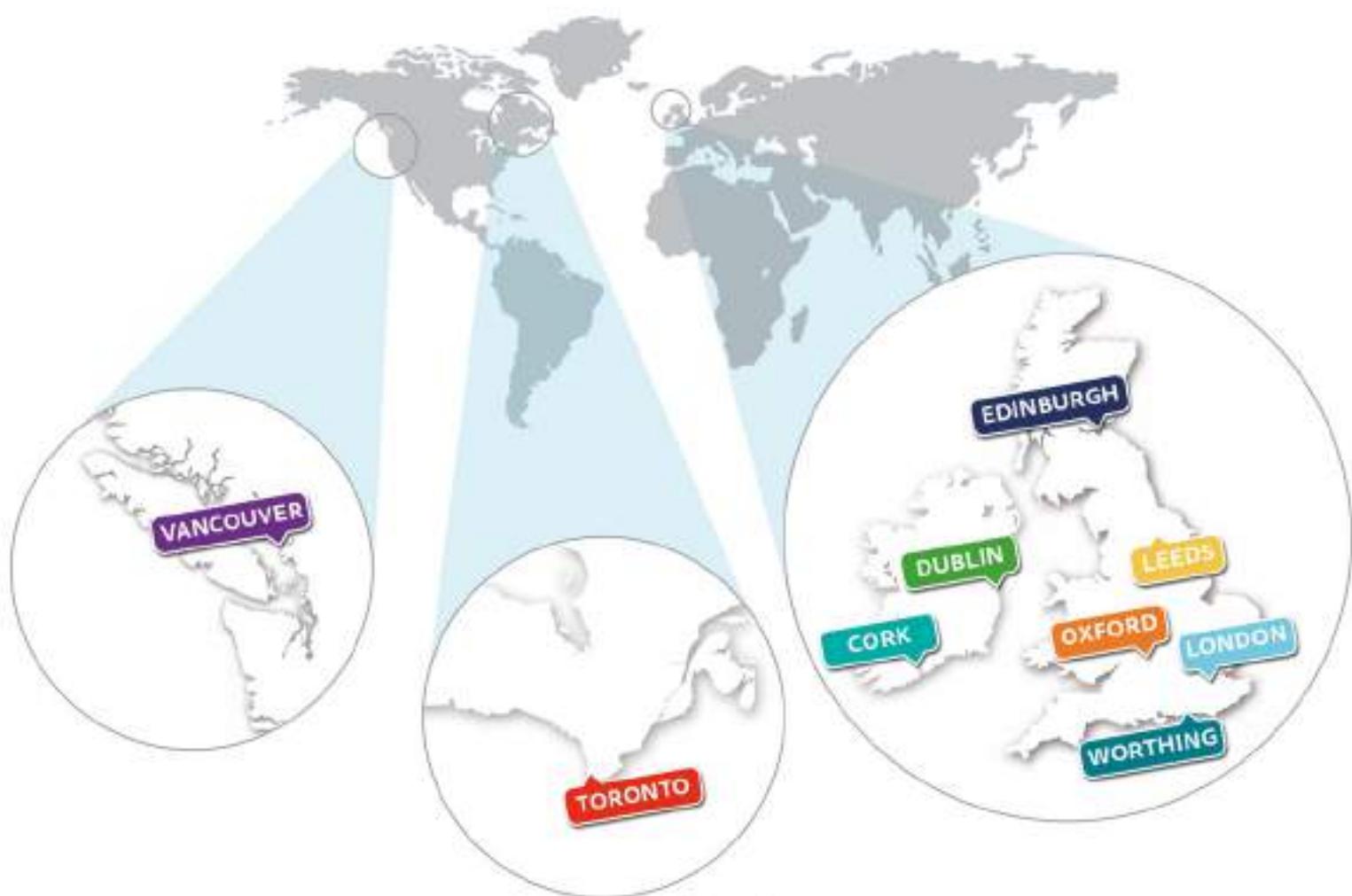
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